SONY®

FM/AM
Clock Radio

Operating Instructions

ICF-C7iP

DREAM MACHINE

Dream Machine is a trademark of Sony Corporation.

Made for
☐ iPod ☐ iPhone

NO POWER
NO PROBLEM

No Power No Problem is a trademark of Sony Corporation.

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WARNING

To reduce the risk of fire or electric shock, do not expose this apparatus to rain or moisture.
To reduce the risk of fire, do not cover the ventilation of the apparatus with newspapers, tablecloths, curtains, etc. And do not place lighted candles on the apparatus.
To reduce the risk of fire or electric shock, do not expose this apparatus to dripping or splashing, and do not place objects filled with liquids, such as vases, on the apparatus.

Do not install the appliance in a confined space, such as a bookcase or built-in cabinet.

Do not expose the batteries (battery pack or batteries installed) to excessive heat such as sunshine, fire or the like for a long time.

As the main plug is used to disconnect the unit from the mains, connect the unit to an easily accessible AC outlet. Should you notice an abnormality in the unit, disconnect the main plug from the AC outlet immediately.

CAUTION
Danger of explosion if battery is incorrectly replaced. Replace only with the same or equivalent type.

Features

• Wake or sleep to iPod/Radio
• Dual Alarm
• FM/AM 2-band digital synthesized tuner
• 30 Station Presets (20 FM. 10 AM)
• Brightness Control (High/Mid/Low)
• Extendable Snooze system from 10 to 60 min
• No Power No Problem alarm system to keep the clock and the alarm operating during a power interruption with a CR2032 battery installed

Precautions

• Operate the unit on the power source specified in "Specifications."
• To disconnect the AC power cord (mains lead), pull it out by the plug, not the cord.
• The unit is not disconnected from the AC power source (mains) as long as it is connected to the wall outlet, even if the unit itself has been turned off.
• Since a strong magnet is used for the speaker, keep personal credit cards using magnetic coding or spring-wound watches away from the unit to prevent possible damage from the magnet.
• Do not leave the unit in a location near a heat source such as a radiator or airduct, or in a place subject to direct sunlight, excessive dust, mechanical vibration, or shock.
• Allow adequate air circulation to prevent internal heat build-up. Do not place the unit on a surface (a rug, a blanket, etc.) or near materials (a curtain) which might block the ventilation holes.
• Should any solid object or liquid fall into the unit, unplug the unit and have it checked by qualified personnel before operating it any further.
• To clean the casing, use a soft cloth dampened with a mild detergent solution.
• Never touch the wire of the external FM aerial during a thunderstorm. Furthermore, immediately disconnect the AC power cord from the radio.

NOTES ON LITHIUM BATTERY
• Wipe the battery with a dry cloth to assure a good contact.
• Be sure to observe the correct polarity when installing the battery.
• Do not hold the battery with metallic tweezers, otherwise a short-circuit may occur.

If you have any questions or problems concerning your unit, please consult your nearest Sony dealer.

Troubleshooting

Should any problem persist after you have made the following checks, consult your nearest Sony dealer.

The clock flashes "AM 12:00" or "0:00" due to a power interruption.
• The battery is low. Replace the battery. Remove the old battery and install a new one.

The radio, iPod or buzzer alarm does not sound at the preset alarm time.
• Check that alarm "A" or alarm "B" is properly displayed.

The radio or alarm of iPod is activated but no sound comes on at the preset alarm time.
• Check the alarm volume setting.

There is no sound from the iPod.
• Make sure the iPod is securely connected.
• Adjust the **VOLUME**.

The iPod cannot be operated with this unit.
• Make sure the iPod is securely connected.

The iPod cannot be charged.
• Make sure the iPod is securely connected.

Specifications

Time display
Model for Australia and New Zealand:
12-hour System
Model for other countries/regions:
24-hour System

Section for iPod
DC out: 5V
MAX: 500mA

Radio section
Frequency range
Model for Australia and New Zealand

Band	Frequency	Channel step
FM	87.5 MHz – 108 MHz	0.05 MHz
AM	531 kHz – 1 602 kHz	9 kHz

Model for other countries / regions

Band	Frequency	Channel step
FM	87.5 MHz – 108 MHz	0.05 MHz
	87.5 MHz – 108 MHz	0.1 MHz
AM	531 kHz – 1 602 kHz	9 kHz
	530 kHz – 1 610 kHz	10 kHz

General
Speaker
Approx. 3.8 cm (1 $^1/_2$ inches) dia. 8 Ω
Input
AUDIO IN jack (ø 3.5 mm stereo minijack)
Power output
0.8 W (at 10% harmonic distortion)
Power requirements
230 V AC, 50 Hz
For clock back up: 3V DC, one CR2032 battery
Dimensions
Approx. 115 mm × 124.7 mm × 97.1 mm (w/h/d)
(4 $^9/_{16}$ × 4 $^{15}/_{16}$ × 3 $^7/_8$ inches) not including projecting parts and controls
Mass
Model for Australia and New Zealand:
Approx. 1 014 g (2 lb 3.8 oz) including power supply unit
Model for other countries/regions:
Approx. 900 g (1 lb 15.7 oz) including power supply unit
Supplied accessories
Remote commander (1)
AM loop aerial (1)
Audio connecting cable (1)
Universal Dock Adapter for iPhone (1)
Universal Dock Adapter for iPhone 3GS & iPhone 3G (1)
Universal Dock Adapter for iPhone 4S & iPhone 4 (1)
Lithium battery CR2032 (1)

Design and specifications are subject to change without notice.

Compatible iPod/iPhone models

Compatible iPod/iPhone models are as follows.
Update your iPod/iPhone to use the latest software before you use it.

iPod touch (4th generation)
iPod touch (3rd generation)
iPod touch (2nd generation)
iPod touch (1st generation)
iPod nano (6th generation)*
iPod nano (5th generation)
iPod nano (4th generation)
iPod nano (3rd generation)
iPod nano (2nd generation)
iPod nano (1st generation)
iPod with video
iPod with color display
iPod with click wheel
iPod classic
iPod mini
iPhone 4S
iPhone 4
iPhone 3GS
iPhone 3G
iPhone

* The iPod nano (6th generation) cannot be controlled by the remote when the command of "**MENU**," "**↑**," "**↓**," and "**ENTER**" is pressed.
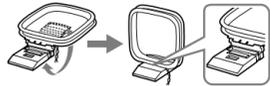
Notes
• In these Operating Instructions, "iPod" is used as a general reference to functions of iPod on an iPod or iPhone, unless otherwise specified by the text or illustrations.
• The connector of the unit is for sole use with an iPod. If you use devices that do not match with the connector, connect to the **AUDIO IN** terminal of this unit with the supplied audio connecting cable.
• Sony cannot accept responsibility in the event that data recorded to an iPod is lost or damaged when using an iPod connected to this unit.

Connecting the aerial

To connect the AM loop aerial

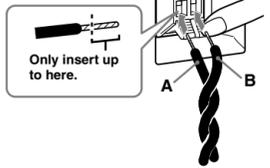The shape and the length of the aerial is designed to receive AM signals. Do not dismantle or roll up the aerial.

1 Remove only the loop part from the plastic stand.

2 Set up the AM loop aerial.

3 Connect the cords to the AM aerial terminals.
Cord (A) or cord (B) can be connected to either terminal.

Insert the cord while pushing down the terminal clamp.

Only insert up to here.

A   B

4 Make sure the AM loop aerial is connected firmly by pulling softly.

Adjusting the AM loop aerial
Find a place and an orientation that provide good reception.
• Do not place the AM loop aerial near the unit or other AV equipment, as noise may result.

Tip
Adjust the direction of the AM loop aerial for best AM broadcast sound.
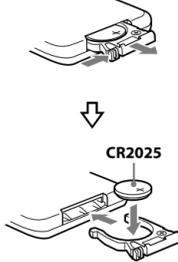
Preparing the remote commander

Before using the card remote commander for the first time, remove the insulation film.

When to replace the battery

With normal use, the battery (CR2025) should last for about six months. When the remote commander no longer operates the unit, replace the battery with a new one.

CR2025

Notes
• Do not attempt to charge the battery.
• If you are not going to use the remote commander for a long time, remove the battery to avoid any damage that may be caused by leakage and corrosion.

About the backup battery

To keep accurate time, as a backup power source, this unit needs one CR2032 battery (supplied), in addition to the house current.
The battery keeps the clock operating in the event of a power interruption.

Knowing when to replace the battery

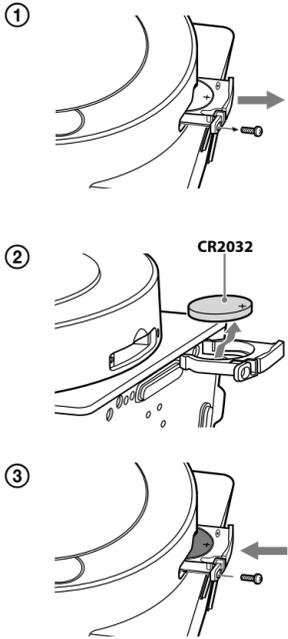When the battery becomes weak, "⏥" appears in the display.
If a power interruption occurs while the battery is weak, the current time and alarm will be erased. Replace the battery with a Sony CR2032 lithium battery. Use of another battery may cause a fire or explosion.

Installing and replacing the battery

1 Keep the AC plug connected to the AC outlet, remove the screw that secures the battery holder at the bottom of the unit using a screwdriver, and remove the battery holder.

2 Replace a new battery in the battery holder with the ⊕ side facing up.

3 Insert the battery holder back into the unit and secure it with the screw.

4 Press **iPod&iPhone**, **RADIO BAND**, **AUDIO IN** or **SNOOZE/DATE/SLEEP OFF** to turn "⏥" off in the display.
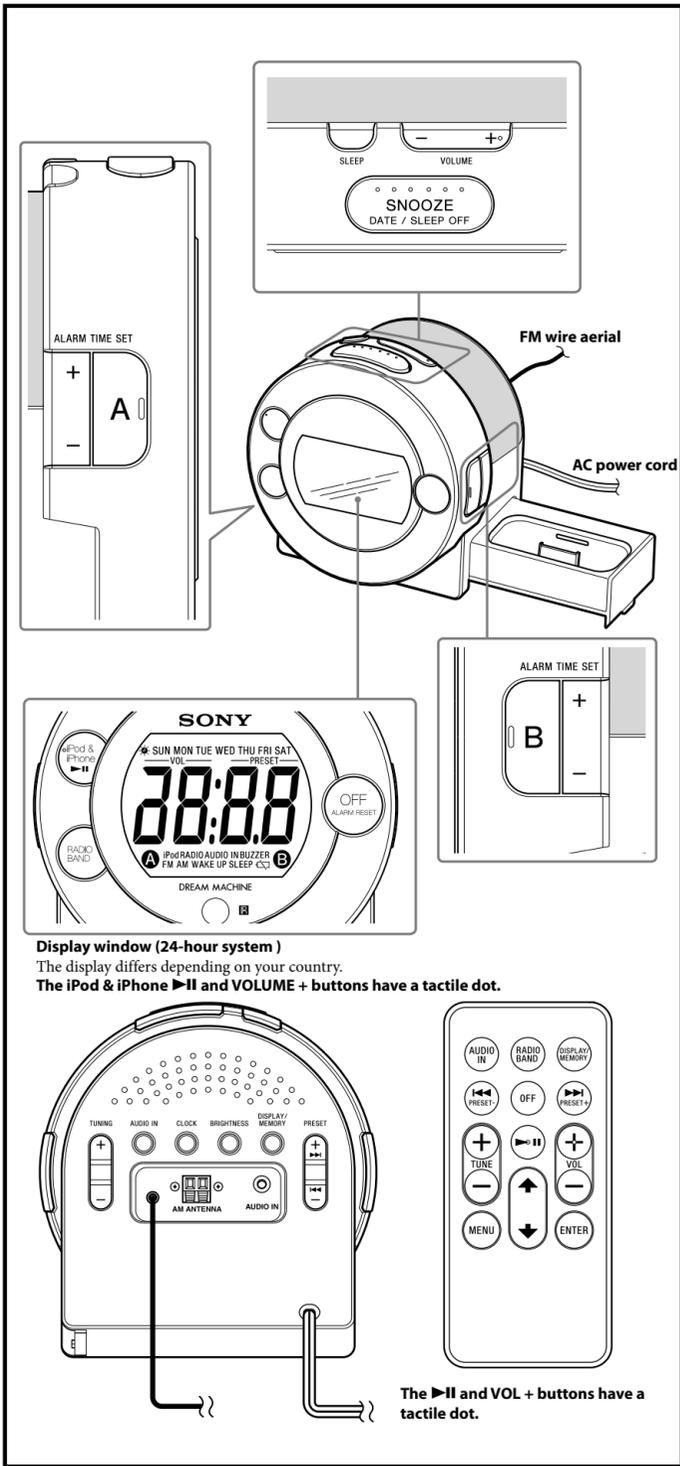
Note
When you replace the battery, do not disconnect the plug from the AC outlet. Otherwise, the calendar, current time, alarm and station presets will be erased.
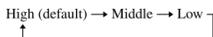
①
② CR2032
③

If the time in the display is incorrect after the battery is changed (Reset)

Press the Reset button with a pointed device. The Reset button is in the small hole located near the battery holder.

Setting the brightness of the display

Three levels of brightness are available by pressing **BRIGHTNESS**.

High (default) → Middle → Low ┐

Operating the radio

Changing the channel step (except Australian and New Zealand model)

The channel step differs depending on the area. The channel step of this unit is factory-set to 9 kHz. Change the settings as shown below to be able to listen to the radio.

1. Press **RADIO BAND** to turn on the radio and select the AM band.
2. Press and hold **ALARM TIME SET A, RADIO BAND, BRIGHTNESS** at the same time for about 2 seconds.

"S:9" or "S:10" appears in the display and the channel step is changed.
To change the channel step again, repeat step 2.
If you select "S:9", the AM channel step will change to 9 kHz, and the FM channel step will change to 0.05 MHz.
If you select "S:10", the AM channel step will change to 10 kHz, and the FM channel step will change to 0.1 MHz.

Note
After changing the channel step, the AM and FM preset stations will be initialized.

–Manual tuning

1. Press **RADIO BAND** to turn on the radio and select the AM or FM band.
2. Press **TUNING +** or **–** to tune in to a desired frequency.
3. Adjust the volume using **VOLUME +** or **–**.

Note
Even if the FM channel step is 0.05 MHz, FM frequency display is raised or lowered by a step of 0.1 MHz. For example, frequency 88.00 and 88.05 MHz is displayed as "88.0 MHz."

Tuning in to a station

The unit automatically scan AM or FM stations.

1. Press **RADIO BAND** to turn on the radio to select the AM or FM band.
2. Press and hold **TUNING +** or **–**.
   + : scans upward through the frequency bands.
   – : scans downwards through the frequency bands.
   Scanning starts from the currently-tuned frequency. When a station is received, scanning stops.
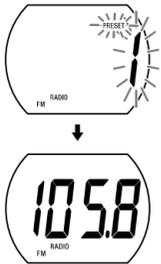3. Adjust the volume using **VOLUME +** or **–**.

–Preset tuning

You can preset 20 stations for FM and 10 stations for AM.

Presetting a station

1. Follow steps 1 and 2 in "Manual tuning" to tune the frequency you wish to preset.
2. Press and hold **DISPLAY/MEMORY** for at least 2 seconds.
3. Press **PRESET +** or **–** to select the preset number, then press **DISPLAY/MEMORY**. The frequency is stored with the selected preset number.

Example: The following display appears when you preset FM 105.8 MHz to preset number 1 for FM.

The display shows the frequency for about 10 seconds, and then returns to the current time.

To preset another station, repeat these steps.

Note
If you try to store another station with the same preset number, the previously stored station will be replaced.

Tuning in to a preset station

1. Press **RADIO BAND** to turn on the radio and select the AM or FM band.
2. Press **PRESET +** or **–** to select the desired preset number.
3. Adjust the volume using **VOLUME +** or **–**.

–Auto preset tuning

1. Press **RADIO BAND** to turn on the radio and select the AM or FM band.
2. Press and hold **RADIO BAND** until "AP" appears in the display.
3. Press **DISPLAY/MEMORY**. The unit automatically presets the available channels in order.

Improving the reception

FM:
Extend the FM wire aerial fully to increase reception sensitivity.

AM:
Connect the supplied AM loop aerial to the unit. Rotate the aerial horizontally for optimum reception.

Notes on radio reception
- Keep digital music players or mobile phones away from the AM loop aerial or the FM aerial, as this may lead to reception interference.
- When you are listening to the radio with an iPhone connected to the unit, interference with radio reception may occur.
- When you are listening to the radio while charging an iPod, interference with radio reception may occur.

Operating an iPod

You can enjoy audio from iPod by connecting to this unit. To use an iPod, refer to the user's guide of your iPod.
If you are using an iPhone 4S, iPhone 4, iPhone 3GS, iPhone 3G or iPhone, attach the supplied universal dock adapter for iPhone 4S, iPhone 4, iPhone 3GS, iPhone 3G or iPhone before connecting.
The adapter number, ⑫, ⑮ or ⑲, is shown on the underside of the supplied universal dock adapters. ⑫ is for the iPhone, ⑮ is for the iPhone 3GS & iPhone 3G and ⑲ is for the iPhone 4S & iPhone 4. Check the adapter number before use.
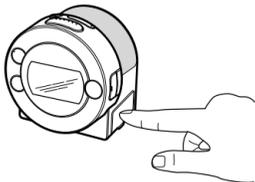
Universal dock adapter
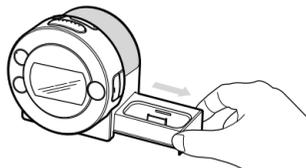
⑫   ⑮   ⑲

Notes
- When inserting an iPod into the unit, be sure to use the universal dock adapter supplied with your iPod or commercially available from Apple Inc.
- The connector of the unit is exclusively for use with an iPod. If you use a device that does not match the connector, connect it to the **AUDIO IN** terminal of this unit with the supplied audio connecting cable.
- Sony cannot accept responsibility in the event that data recorded on an iPod is lost or damaged when using an iPod connected to this unit.
- For details of environmental conditions for operating your iPod, check the website of Apple Inc.

1. Press **PUSH OPEN**.
   The Docking Tray is ejected halfway.

2. Pull the Docking Tray all the way out.

3. Attach the adapter for your iPod/iPhone.
4. Insert your iPod/iPhone into the connector of the unit.
5. Press **iPod & iPhone ▶II**.
   The iPod begins to play automatically. You can operate the connected iPod by this unit or the buttons on iPod.
6. Adjust the volume using **VOLUME +** or **–**.

To	Press
Turn off the iPod	**OFF**, or press and hold **iPod & iPhone ▶II**
Pause playback	**iPod & iPhone ▶II** To resume play, press it again.
Go to the next track	**▶▶I**
Go back to the previous track	**I◀◀** *
Locate a point while listening to the sound	**▶▶I** (forward) or **I◀◀** (backward) while playing and hold it until you find the point.
Locate a point while observing the display	**▶▶I** (forward) or **I◀◀** (backward) in pause and hold it until you find the point.
Go back to the previous menu	**MENU****
Select a menu item or a track for playback	**▲/▼****
Execute the selected menu or begin playback	**ENTER****

* During playback, this operation goes back to the beginning of the current track. To go back to the previous track, press twice.
** These operations are available only when using the supplied remote commander.

Notes
- When placing or removing the iPod, hold the iPod at the same angle as that of the connector on this unit, and do not twist or bend the iPod as connector damage may result.
- Do not carry the unit with an iPod set on the connector. Doing so may cause a malfunction.
- When placing or removing the iPod, hold the Docking Tray securely with one hand and take care not to press the controls of the iPod by mistake.
- Before disconnecting the iPod, pause playback.

To use the unit as a battery charger
You can use the unit as a battery charger. Charging begins when the iPod is connected to the unit.
Charging status appears in the display of iPod. For details, see the user's guide of your iPod.

On copyrights
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Setting the alarm

This clock radio is equipped with 3 alarm modes—iPod, radio and buzzer. Before setting the alarm, make sure to set the clock (see "Setting the clock").

To set the alarm

1. Press and hold **ALARM TIME SET A** or **B** for at least 2 seconds.
   "WAKE UP" appears and the hour flashes in the display.

2. Press **ALARM TIME SET +** or **–** repeatedly until the desired hour appears. To cycle the hour rapidly, press and hold **ALARM TIME SET +** or **–**.
3. Press **ALARM TIME SET A** or **B**. The minutes flashes.
4. Repeat step **2** to set the minute.
5. Press **ALARM TIME SET A** or **B**. The days of the week flash.
6. Repeat step **2** to set the days of the week. You can select the days from the following three options:
   Every day: SUN MON TUE WED THU FRI SAT
   Week day: MON TUE WED THU FRI
   Week end: SUN SAT
7. Press **ALARM TIME SET A** or **B**. The alarm mode setting is entered.
8. Press **ALARM TIME SET +** or **–** repeatedly until the desired alarm mode flashes.
   You can choose one of 3 settings: "iPod", "RADIO" or "BUZZER." Set the alarm mode as follows:
   – iPod: see "Ⓐ Setting the alarm for iPod."
   – RADIO: see "Ⓑ Setting the radio alarm."
   – BUZZER: see "Ⓒ Setting the buzzer alarm."

Ⓐ Setting the alarm for iPod

1. Perform steps **1** to **8** in "To set the alarm."
2. Press **ALARM TIME SET A** or **B** to select alarm mode for "iPod". "VOL" appears in the display.
3. Press **ALARM TIME SET +** or **–** to adjust the volume.
4. Press **ALARM TIME SET A** or **B**. The setting is entered.
5. If "A" or "B" does not appear in the display, press **ALARM TIME SET A** or **B** again. The iPod will sound at the set time.

When using an iPod touch/iPhone
- To wake up to music stored in an iPod touch/iPhone, connect the iPod touch/iPhone to the unit first, follow the steps above to set alarm time, and then select the music function.
- Even if the alarm setting for iPod is complete, if you turn the power of iPod touch/iPhone off before inserting the iPod touch/iPhone into the unit, the alarm for iPod will not work.

Ⓑ Setting the radio alarm

1. Perform steps **1** to **8** in "To set the alarm."
2. Press **ALARM TIME SET A** or **B** to select "RADIO" alarm mode. "VOL" appears in the display.
3. Press **ALARM TIME SET +** or **–** to adjust the volume.
4. Press **ALARM TIME SET A** or **B**. Band ("FM" or "AM") or "– –" flashes. "– –" is the last station received.
5. Press **ALARM TIME SET +** or **–** to select the desired band or "– –". If you select "– –", jump to step **8**.
6. Press **ALARM TIME SET A** or **B**. The preset number flashes.
7. Press **ALARM TIME SET +** or **–** to select the desired preset number. The setting is entered.
8. If "A" or "B" does not appear in the display, press **ALARM TIME SET A** or **B** again. The radio will turn on at the set time.

Ⓒ Setting the Buzzer Alarm

1. Perform steps **1** to **8** in "To set the alarm."
2. Press **ALARM TIME SET A** or **B** to select "BUZZER" alarm mode. The setting is entered.
3. If "A" or "B" does not appear in the display, press **ALARM TIME SET A** or **B** again. The buzzer will sound at the set time.

Note
The volume cannot be set for the buzzer alarm.

To confirm an alarm time setting
Press **ALARM TIME SET +** or **–**. The setting will be displayed for about 4 seconds.

To change an alarm setting
Press and hold **ALARM TIME SET +** for at least 2 seconds to move the alarm time forwards. Press and hold **ALARM TIME SET –** for at least 2 seconds to move the alarm time back.
When you release the button, the changed time will be displayed for about 2 seconds. To change the alarm time again, press **ALARM TIME SET +** or **–** within these 2 seconds, otherwise the setting change will be fixed as displayed.

To doze for a few more minutes
Press **SNOOZE/DATE/SLEEP OFF**.
The sound turns off but will automatically come on again after about 10 minutes.
You can change the snooze time by pressing **SNOOZE/DATE/SLEEP OFF** repeatedly within 4 seconds.
The maximum length of the snooze time is 60 minutes.

To stop the alarm
Press **OFF/ALARM RESET** to turn off the alarm. The alarm will sound again at the same time the next day.

To deactivate the alarm
Press **ALARM TIME SET A** or **B** to turn off the **ALARM A** or **B** indicator from the display.

Note on the alarm in the event of a power interruption
In the event of a power interruption, the alarm will work until the battery is totally discharged. However, certain functions will be affected as follows:
- The backlight will not light up.
- If the alarm mode is set to iPod or radio, it will change to BUZZER automatically.
- If a power interruption occurs while the alarm is sounding, the alarm will stop.
- If **OFF/ALARM RESET** is not pressed, the alarm will sound for about 5 minutes.
- If "⌂" appears in the display, the alarm will not sound in the event of power interruption. Replace the battery if "⌂" appears.
- The snooze function will not work.
- During a power interruption, the alarm will sound at the set time only once.

Setting the sleep timer

You can fall asleep to the music, etc., using the built-in sleep timer that turns off the unit automatically after a preset duration.

1. Press **SLEEP** while the unit is turned on. "SLEEP" appears and the sleep time flashes in the display.
2. Press **SLEEP** to set the sleep timer duration.
   Each time you press **SLEEP**, the duration (in minutes) changes as follows:
   90 → 60 → 30 → 15 ┐
   └─── OFF ◀──────────┘

The display returns to clock mode for about 4 seconds after you have finished the duration setting and released **SLEEP**, and then the sleep timer starts.
The unit will play for the duration you set, and then shut off.

To turn off the unit before the preset time
Press **SNOOZE/DATE/SLEEP OFF** or **OFF/ALARM RESET**.

To change the sleep timer setting
You can press **SLEEP** repeatedly to select the desired sleep timer setting even after the sleep timer has been activated.
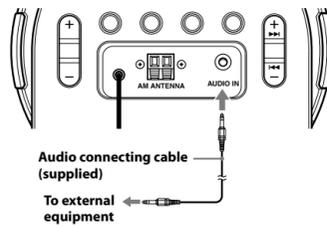
To deactivate the sleep timer
Press **SLEEP** repeatedly to set the sleep timer to "OFF" in step **2**.

Connecting external equipment

To listen to sound

1. Connect the **AUDIO IN** jack of the unit to the line out jack or headphone jack of the external equipment using the audio connecting cable (supplied).

   Audio connecting cable (supplied)
   To external equipment

2. Press **AUDIO IN** to display "AUDIO IN."
3. Play the equipment connected to the **AUDIO IN** jack.
4. Adjust the volume using **VOLUME +** or **–**.

To return to the radio
Press **RADIO BAND**.
The frequency is shown in the display.

To return to the iPod
Press **iPod & iPhone ▶II**.

To stop listening
Press **OFF**, and stop playback on the connected unit.

Notes
- Refer also to the connected equipment's manual.
- The supplied audio connecting cable may not be used with some external equipment. In this case, use a cord suitable for the external equipment you are using.
- When you listen to the radio with external equipment connected, turn off the connected equipment to prevent noise. If noise occurs, even when the equipment is turned off, disconnect and place the external equipment away from the unit.

FM wire aerial

AC power cord

ALARM TIME SET Ⓐ

ALARM TIME SET Ⓑ

SONY
☀ SUN MON TUE WED THU FRI SAT
iPod & iPhone ▶II
VOL- PRESET
OFF ALARM RESET
RADIO BAND
iPod RADIO AUDIO IN BUZZER
Ⓐ FM AM WAKE UP SLEEP ⌂ Ⓑ
DREAM MACHINE

Display window (24-hour system)
The display differs depending on your country.
The **iPod & iPhone ▶II** and **VOLUME +** buttons have a tactile dot.

AUDIO IN   RADIO BAND   DISPLAY/MEMORY
PRESET
TUNING AUDIO IN CLOCK BRIGHTNESS DISPLAY/MEMORY PRESET
AM ANTENNA   AUDIO IN
OFF
▶II
TUNE   VOL
MENU   ENTER

The **▶II** and **VOL +** buttons have a tactile dot.

Setting the clock

1. Plug in the unit.
2. Press and hold **CLOCK** for at least 2 seconds.
   The year starts to flash in the display.
3. Press **ALARM TIME SET +** or **–** repeatedly to set the year.
4. Press **CLOCK**.
5. Repeat steps **3** and **4** to set the month, day, hour and minute, and then press **CLOCK.**
   The seconds start incrementing from zero.

Notes
- If you do not press any button for about 1 minute while setting the clock, the clock setting will be canceled.
- A calendar is installed in this unit. When the date is set, the day of the week is automatically displayed.
  SUN = Sunday, MON = Monday,
  TUE = Tuesday, WED = Wednesday,
  THU = Thursday, FRI = Friday, SAT = Saturday

- The clock system varies depending on the model you own.
  12-hour system: "AM 12:00" = midnight
  24-hour system: "0:00" = midnight

To display the year and date
Press **SNOOZE/DATE/SLEEP OFF** once for the date, and press it again for the year.
After a while, the display will change back to the current time automatically.

To change the display to the summer time (daylight saving time) indication
Press and hold **CLOCK** and **SNOOZE/DATE/SLEEP OFF** at the same time for at least 2 seconds.
"☀" is appears in the display and the time indication changes to the summer time (daylight saving time).
To deactivate the summer time (daylight saving time) adjustment, press and hold **CLOCK** and **SNOOZE/DATE/SLEEP OFF** at the same time for at least 2 seconds again.