

Windows 8 Recovery Guide



About Windows 8 Pro downgrade

Congratulations on your purchase of this VAIO computer.
Your computer is originally a Windows® 8 Pro installed model. However, because the operating system on your computer is downgraded under the Microsoft Windows® 8 Pro downgrade rights, Windows® 7 Professional is installed at the time of delivery.

About the recovery to Windows 8 Pro

You can recover the operating system on your computer to Windows 8 Pro using the supplied Windows® 8 Pro 64-bit Recovery Media.

For detailed information on how to perform the recovery, see **Recovering from Windows 7 Professional to Windows 8 Pro** in this manual. In addition, before recovering your computer system, read the following precautions.



Before recovering the operating system to Windows 8 Pro, be sure to create the Recovery Media for Windows 7 Professional.
The Recovery Media for Windows 7 Professional is not supplied with your computer. The recovery area on the built-in hard disk drive or solid state drive on the computer contains the recovery data for Windows 7 Professional at the time of delivery. However, if you recover the operating system to Windows 8 Pro, the data will be erased. When you recover the operating system to Windows 7 Professional, you will need the Recovery Media for Windows 7 Professional.

For detailed information on how to create the Recovery Media, refer to the supplied **Recovery, Backup and Troubleshooting Guide**.

Supplied Media

Windows® 8 Pro 64-bit Recovery Media

Recovering from Windows 7 Professional to Windows 8 Pro

You can recover (upgrade) the operating system on your computer from Windows 7 Professional to Windows 8 Pro using the supplied Windows® 8 Pro 64-bit Recovery Media.
Follow step 1 and step 2 in order.



Before recovering the operating system to Windows 8 Pro, be sure to create the Recovery Media for Windows 7 Professional.
The Recovery Media for Windows 7 Professional is not supplied with your computer. The recovery area on the built-in hard disk drive or solid state drive on the computer contains the recovery data for Windows 7 Professional at the time of delivery. However, if you recover the operating system to Windows 8 Pro, the data will be erased. When you recover the operating system to Windows 7 Professional, you will need the Recovery Media for Windows 7 Professional.
For detailed information on how to create the Recovery Media, refer to the supplied **Recovery, Backup and Troubleshooting Guide**.

Step 1: To change the BIOS settings

Before recovering the operating system to Windows 8 Pro, you need to change the BIOS settings.

- 1 Press the **ASSIST** button while your VAIO computer is off.
The **VAIO Care (Rescue Mode)** screen appears.

- 2 Select **Start BIOS setup**.
Enter a password if it has already been set.
The BIOS setup screen appears.
- 3 Press the **←** or **→** key to select the **Boot** tab, select **Boot Mode**, and then press the **Enter** key.
- 4 Press the **↑** or **↓** key to select **UEFI** and press the **Enter** key.
- 5 Press the **←** or **→** key to select the **Exit** tab, the **↑** or **↓** key to select **Save Changes**, and then the **Enter** key.
At the confirmation prompt, press the **Enter** key.
- 6 Press the **↑** or **↓** key to select **Shutdown** and press the **Enter** key.



To enable downgrade to Windows 7 on this system the BIOS settings on this system were changed to boot into legacy BIOS mode.
If the BIOS setting is not changed to native UEFI mode boot prior to installing, Windows 8 Pro may not install on this system.

Step 2: To recover the operating system to Windows 8 Pro using the Recovery Media

1 Insert the Windows® 8 Pro 64-bit Recovery Media into the optical disc drive while your computer is in Normal mode.

2 Turn off your computer.

3 Press the **ASSIST** button to display the **VAIO Care (Rescue Mode)** screen and select **Start from media (USB device/optical disc)**.

Follow the on-screen instructions until the **Choose an option** screen appears.

4 Select **Troubleshoot** and **VAIO recovery solutions**.

Follow the on-screen instructions until the **VAIO Care (Rescue Mode): VAIO recovery solutions** screen appears.



If the display language selection window appears, select your desired language and **OK**.

5 Select **Start recovery wizard**.

6 Follow the on-screen instructions.



For detailed information on how to recover the operating system on your computer to Windows 8 Pro after you have recovered (upgraded) the operating system to Windows 8 Pro, refer to the on-screen **User Guide** for Windows 8 Pro.

Recovering from Windows 8 Pro to Windows 7 Professional

You can recover the operating system on your computer from Windows 8 Pro to Windows 7 Professional using the Recovery Media for Windows 7 Professional which you have created in advance. Follow step 1 and step 2 in order.

Step 1: To change the BIOS settings

Before recovering the operating system to Windows 7 Professional, you need to change the BIOS settings.

1 Press the **ASSIST** button while your VAIO computer is off. The **VAIO Care (Rescue Mode)** screen appears.

2 Select **Start BIOS setup**. Enter a password if it has already been set. The BIOS setup screen appears.

3 Press the **←** or **→** key to select the **Boot** tab, select **Boot Mode**, and then press the **Enter** key.

4 Press the **↑** or **↓** key to select **Legacy** and press the **Enter** key.

5 Press the **←** or **→** key to select the **Exit** tab, the **↑** or **↓** key to select **Save Changes**, and then the **Enter** key. At the confirmation prompt, press the **Enter** key.

6 Press the **↑** or **↓** key to select **Shutdown**, and then press the **Enter** key.



If the BIOS setting is not changed to legacy mode boot prior to installing, Windows 7 Professional may not install on this system.

Step 2: To recover the operating system to Windows 7 professional using the Recovery Media

For detailed information on how to perform the recover using the Recovery Media, refer to the supplied **Recovery, Backup and Troubleshooting Guide**.